

Adventure Mountain Walk

The Mountains of Britain.

Most of the high land in Britain lies to the north and west of the country. Scotland boasts the highest point in the British Isles, with Ben Nevis at 1343m above sea level. The Cairngorms to the east also rise 1,300m above sea level.

In England and Wales much of the high land lies within the national parks. The parks were established in the 1950s to protect out most beautiful scenery. Englands highest point is Scafell Pike (997m) in the Lake District national park. Dartmoor and Exmoor are the two parks in the south Western holiday area of Devon and Cornwall. The nearest national park to London is probably the Peak District situated between the cites of Manchester and Sheffield. A range of mountains know as the Pennines start in the Peak District and run northwards through the Yorkshire Dales and Northumberland Parks the Scottish border. A long distance foot path runs right along the Pennines (sometimes called "the back bone of England") for a distance of 270 miles.

Almost all the land in Wales is hilly and the country has three national park. In the north is Snowdonia, with Snowdon (Yr Wyddfa) at 1085m, the highest mountain in Wales. In the west is the Pembrokeshire coast park, which as its name suggests, runs along the coastline. The third national park in Wales is the Brecon Beacons, where Pendarren house is situated. Its highest point is Pen Y Fan 886m. Other mountains in the area that you may have heard of (and maybe climbed) are Sugar Loaf 596m, Bloreng 552m, Table Mountain 451m, Skirrid 486m, Tor Y Foel 551m, Allt Y Esgair 393m.

You climbed today

TASK 1.

Make a bar graph to show the following highest point in order.



Task 2

On the outline map of Britain, place the following labels.

